

Apple Dumping Day
23rd Annual Fall Festival October 10



Free Coffee Hour



Caramel Rolls
Famous, delicious and served daily!



Fall
2010

It's a Riverview Day

Independent Senior Living



Jeannie Nagel

Dinnertime Is A Very Special Time

Dinnertime is a very special time at Riverview Place. What could be better than partaking of good food with good friends? Many residents take advantage of several meal plans that we offer. They can choose the full monthly plan, a 15-day plan, or "come when they wish to" plan.

For two years now, one of our residents, Jeannie, has been on the 30-day plan. She says, "I got onto the full meal plan right away. I figured it would be a great way to meet and get to know new people."

Jeannie enjoys visiting with folks at dinner, and she maintains that all of the food served at Riverview Place is excellent. She adds, "It would be hard to choose a favorite food, but if I had to pick one, it would have to be the barbecued ribs. For dessert, I really enjoy the angel food cake served with strawberries."

Jeannie concludes: "The staff, food, and everything here is just wonderful!"

What is Riverview Place?

Riverview Place is a welcoming, secure home for independent seniors who want help available when they need it.

- Restaurant-quality
- Heated garages
- Laundry and housekeeping
- Assisted Living
- On site health office
- Worship services
- Activities to nourish the body, mind and spirit
- Much, much more

May we give you a tour? There's no better way to get to know us than by a resident-guided tour.

To schedule your personal tour, call Bonnie at (701) 237-4700 or simply come see us at Riverview Place.

We're located just off University at 52nd Avenue South.

Calendar

Upcoming fall events at Riverview

The Northern Plains Conference on Aging and Disability

September 28-30, 2010

Ramada Plaza Suites Fargo

www.northernplainsconference.com

Registration 218-477-5862

Apple Dumpling Day Don't Miss the Fun.....

October 10, 2010

12:30-3:30

F/M Communiversity at Riverview

Register today for these interesting fall courses:

"In Search of Rhine Gold – Wines of Germany, Austria and Alsace"

Instructors: Ron Ellingson and Sam Wai

Fridays, October 15, 22 and 29, 6:30 - 9:00 pm

"Where the Wind Blows Free: Literature of the American and Canadian Prairies"

Instructor: Chandice Johnson

Saturdays, October 23 and 30, 2 - 4 pm

"Jazz Improvising 101: How Jazz Musicians Do It, the Secrets Revealed!"

Instructors: Russell Peterson, Allen Carter,

Bill Law, Simon Rowe

Sunday, November 7, 2 - 4 pm

"Sabotage – Resistance in Norway in WWII"

Instructor: Verlyn Anderson

Saturdays, November 13 and 20

2pm - 4:30pm

Register at www.fmcommuniversity.org or call (218) 299-3438.

Water Exercise

Arthritis Foundation & Riverview

Offer water exercises to the public.

Starting September 13, 2010

Mondays and Wednesday at 2:00 pm

Call 237-4700 to register

Please call Kathy or Bonnie for more information 237-4700

Free Rent

Choose your apartment and place your deposit in the months of September or October and receive 50% off your first 3 months rent!

(Offer expires December 31, 2010)

What's New at Riverview

This summer, we implemented a number of key improvements within our facility. These improvements included the pool area, Social Center, front lobby, and the main hallways have all been given a fresh new look.

The updates in the pool area consisted of the removal of the pool decking and installation of a beautiful new tile floor. In the Social Center, new laminate wood flooring was installed. The Social Center cabinets were given a fresh new coat of paint.

For professional help with the updating of our front lobby and main hallways, we engaged Kari Bucholz of "By Design", a local full service interior design studio. This facelift consisted of new ceiling tiles, new carpeting, new paint on the walls, new furniture, improved lighting, and assorted art pieces.

Kandi Thorson, niece of resident resident Vietta Roggensack has added her artistic touches by creating floral centerpieces, paintings, adding meaningful wall hangings, and much more.

Stop in sometime to see our new and improved Riverview Place!



"River of Giving"

Your lifetime of giving will be recognized cumulatively on our beautiful "River of Giving" plaque outside the dining hall. This plaque symbolizes how the Holy Spirit flows throughout our community. It is through the generosity of many that we are allowed to

better meet the needs of the residents. Giving levels are notated by colored fish:

GOLD	\$100,000+
SILVER	\$50,000 - 99,999
COPPER	\$25,000 - 49,999
BLACK	\$10,000 - 24,999
BLUE	\$5,000 - 9,999
MAROON	\$1,000 - 4,999

“Adjusting to our Family”

by Jolee Pederson



Left: Marian Saunders, Ruth Lunde, Jolee Pederson

Transitioning from living on your own to moving into a retirement community is not always an easy adjustment. Two women residents at Riverview share their stories about how they resisted the idea of moving into our facility.

Ruth Lunde had lived on her own in Fargo, and with the exception of driving to church and the grocery store she rarely left her house. Ruth's children decided that it was time to encourage their mother to think about moving to a retirement community. They made several excursions around Fargo looking at a variety of condos and apartment-style living facilities. When Ruth's son, Tim, learned about Riverview Place from a friend, they decided to take a look.

When presented with this idea, Ruth was NOT at all interested in living here. Her son and daughters thought differently, so they promised that if she did not like it at Riverview, she could move elsewhere.

Tim comments, “Two days after moving in, Mom

realized that this was going to be a wonderful place to live.” Ruth added, “Not long after I moved here, I had several illnesses, and the staff was so very good to take care of me. I could not have chosen a better, more caring place.”

Ruth shared a story that portrays the kind of care that Riverview Place offers. “The kids insisted that I be on the full 30-day meal plan because I do not cook much on my own. One evening I had another event going on, and I forgot to tell the Front Desk that I would not be down for dinner. When I did not appear in the Dining Room, the staff came looking for me, knocked on my door, and repeatedly called me until they knew that I was safe and sound. It was so nice to know that they were checking up on me. Help is always available.”

Ruth has lived at Riverview Place for six years now. She loves being on the third floor because of the view. During the summer months, she delights in having a breeze flow through both the windows in the hallway and her patio door. Ruth concludes by saying, “It is a wonderful place to live; I can be by myself if I wish, or I can choose to enjoy the company of others.”

Marian Saunders tells us. “When I first moved to Riverview Place, I came kicking and screaming! Now I'm singing and dancing.” Marian has been a resident here since February of 2007. “The first thing I noticed was that it looked like a hotel to me, and I have always disliked hotels. I thought: ‘no way am I going to stay in a place that looks like a hotel.’ I would rather pack my own tent.”

Marian had heard about Riverview Place from friends who tried to explain to her that it was absolutely “the best.” Marian adds, “I really don't know how or why anyone here put up with me. I would not listen to anyone. I didn't want to go anywhere or do anything. I was so stubborn! Sister Mary came to visit me once to try to settle me down. When I said I wanted to go back to California, Sr. Mary said, “Okay, go then.”

“So I did! When I returned from California later, I thankfully decided to give Riverview another chance. Now--although it took me a long time--I really do like it here.” Her favorite activities are the daily mass and Rosary services, which she attends faithfully.

“I could not have chosen a better, more caring place.”

Ruth, Resident

Riverview Place recognizes its Generous Donors

(Gifts received Fiscal Year July 1, 2009 – June 30, 2010)

Gifts to Riverview Place

Anonymous
Florence Berg
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Our Saviors Lutheran Church (Moorhead)
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Park Co. Realtors
Prairie Oral Surgery, LTD
State Bank & Trust
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Trinity Lutheran Church (Moorhead)
Unitarian Church of Underwood
(Pelican Rapids G+L)
West Central Agency on Aging
West Central Initiative (Fergus Falls, MN)

Gifts Given In Memory of:

Ellen Aho by Orlin Hudson-Egge, Jeff and Lonnie Pederson

Florence Anstett by Ray and Carol Barnhardt, the Anstett children: Carol, Paul, Jean, Mary Kay and Peggy

Alice Bartels by Rita and Jay Hannesson, Shelda Warren

Jane Bologna by Tom and Roxy Buck

Fred and Marion Carter by the Carter Family

Sr. Bernice Ewals by Esther Fredrikson

Shirley Fugere by Adrian and Joyce Flicek

Irene Humphrey by her children: David and Sharon Humphrey, Roberta Terres, Donna and Richard Tuntland

Amy Lechner by Paul and Connie Abrahamson, Patricia Anderson, Garfield and Dona Andvik, Dr. David and Cynthia Baumgardner, Dr. Susan Crockett, Charlotte Cummings, Ron and Marly Dittmer, Lynne Ebner, Herbert and Geneva Ellenson, Pauline Engbretson, Carroll and Carol Ferguson, Richard and Patricia Forest, Dr. Roger and Audrey Gilbertson, Gregory and Dorothy Hoffelt, Dr. James and Barbara

Building Healthy Communities Community Benefit Report



Jeff Pederson

Community benefit is integral to Catholic Health Initiatives and Riverview Place. In accordance with our mission and philosophy, CHI commits substantial resources to the sponsorship and delivery of a broad range of health-related services to the poor and the broader community. Directly and indirectly, CHI community benefit activities raise the quality of life for individuals, neighborhoods and entire communities, at home and around the world.

As a mission-based, not-for-profit organization, Riverview Place is dedicated to improving the health and wellness of the community we serve. Riverview Place was formed in 1987 offering 148 independent apartment settings to people aged 55 and older. As seniors began to age in place, an assisted living program was developed and approximately 50 out of the 148 apartments were designated as assisted living. A health service component was added to assist residents with their healthcare needs. Today Riverview Place serves over 160 retired seniors.

During the fiscal year 2010 Riverview Place provided benefits to the poor and broader community of \$159,010 as described below. Approximately 2,188 people benefited from these services. The major components of these community benefits are as follows:

Rent Assistance

In the fiscal year 2010 Riverview Place provided rent assistance to five people through their Charity Care Program. The Charity Care Program was implemented to allow seniors to remain at Riverview Place and receive necessary services despite their shrinking ability to pay for the costs. As seniors aged and life expectancies were exceeded, a few of the residents found their financial means could not afford to keep pace with costs at Riverview Place.

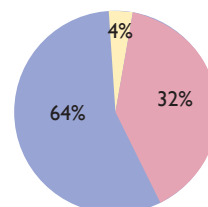
Spiritual Services

At Riverview Place, opportunities for spiritual growth and worship are an integral part of our daily life. A Catholic Mass is offered each Sunday and Monday through Friday. An ecumenical (all faiths) service is held each Tuesday. Other religious services and spiritual growth are made available for Riverview Place residents and our neighbors. The total number of community members attending services were 3,090.

BENEFITS FOR THE BROADER COMMUNITY

Education and Research

Riverview Place serves as a host site for Communitarity, a program offering enriching educational opportunities for community members. The Communitarity program hosted 48 sessions over the course of FY 2010 with total attendance of approximately 776 people. Also, the Giving Plus Learning Program served 1,407 new Americans and Mentors in its ninth year. The Giving Plus Learning Program is designed to match senior mentors with new Americans by helping them adapt to live in the United States.



- Rent Assistance
- Spiritual Services
- Education and Research

Continued

Johnson, Jo and Donald Kilander, Cheryl Lindely, George and Evonne Lund, Mr and Mrs Harold Madson, Lynn and Virginia Marr, Maxine Mattson, David and Janet McNair, Jane Nitz, Kenneth and Janice Promersberger, Roman and Sharon Rezac, Mr. and Mrs. Kenneth Rostad, Rachel Tompt, Mark and Connie Weed, Nicholas and Ene Vogel, John and Molly Volkerding

Llewellyn Lee by John and Paige Netzer

Ellen Mattson by David and Ingeborg Anderson, Marcelle Buck, Paul Nelson

Mary Miller by Roger and Shirley Adrian

Agnes Pekas by Dorene Tollefson

Alice Petermann by Jo Grondahl, Dr. S.T and Linda Kamble, Robert and Alinor Olson, Petermann Family, Amy Rheault, Vitality Massage

Jerry Pribula by Dave and Kim Wagner, Ruth Wirtzfeld

Lois Sexton by Virginia Iverson, Esther Fredrikson, Terry and Suzanne Moe, David and Claire Pelarski, Marc and Phil Schneider, Gerald and Kathy Schroeder, Elbe Sexton and family: Cleo, Clarice, Gaylord, Lori, Rodney

Earl Stewart by Ann Zavoral, Mary P. Bjorngjeld, Mona Geeting, Janet Hassoun, Myrtle Kuehn, Linda and Douglas Kuruc, Margory Nelson, Marguerite Phelps

Hazel Tjom by Barbara Geurin

Delores Weinkauff by Orlin Egge, Angela Hoffart, Ellen and Larry Hoiberg, Michael and Kaye Lanes, Graham and Shirley Larson, Ray and Doris Matejcek, Wilber and Rose Ella Matejcek, Gerald and Mary Meyer, Ruth Wirtzfeld

Mary Wirtzfeld by Ruth Wirtzfeld

Betty Fossum by Jeff and Lonnie Pederson

Gifts Given In Honor of:

Joanna Kim Nielsen by Andrew and Jennifer Nielsen

In Gratitude:

For Mother's Care by Curt and Mary Lynn Richman

Thank you to the friends and family of Riverview Place who have blessed us with their gifts! There are numerous ways to support Riverview Place. Through annual giving, pledges over time, gifts in honor or memory of loved ones and specific designated gifts you are enhancing the quality of life for the community we serve.



Kim Wagner

Call chief development officer Kim Wagner at 701.866.4747 if you have any questions about making a significant gift to Riverview Place. The mission of Riverview Place continues on from your gifts....THANK YOU!!

23rd Annual Apple Dumpling Day

Join us at Riverview Place
Sunday, Oct. 10 from
12:30 - 3:30 pm and enjoy the
amazing aromas and tastes of
our famous homemade apple
dumplings. Listen to a live
orchestra. Take a tour.

The event is free to the public.

For more information call
(701) 237-4700 or visit
www.RiverviewPlace.org

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Fall
2010

Sample Life's Menu

It's a Riverview Day

“Everything is right here”

by Jolee Pederson

When it came time for Marie to make the transition from living at home to living in a retirement home, she knew exactly where she wanted to go—Riverview Place. For almost three years now, she has lived here and has loved every minute of it.

Marie explained that moving here was not a big adjustment for her because the staff and residents were all so welcoming. She said, “I felt at home the day I walked into Riverview. There are just so many fun things to do here!”

Marie enjoys participating in all of the activities Riverview has to offer. With daily mass services, walks in the courtyard, and exercise classes, her days are always filled with something to do. She also loves to work outside during the summer months planting flowers around Riverview’s courtyard.

Marie concludes, “There truly is no need to go out at all, because everything you might need or want is right here.”



DailyJOY

Marie L. Rheault
“I felt at home the day
I walked in to Riverview!”